

Sawtooth Mountain Clinic, Inc.

A 501(c)(3) Not for Profit Organization

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Patient Information

Nutrition and Fitness Websites

Take a look at:

Startwalkingnow.org

heart.org

sparkpeople.com

sparkteen.com

fitbit.com

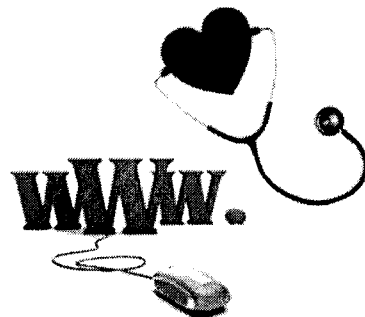
choosemyplate.org

mindlesseating.org

healthyeatingmn.org

health.nih.org

youtube.com/user/DocMikeEvans



10 Top Health Tips Websites