

From Clutter To Calm



Parenting can be stressful.

Parenting when you're surrounded by chaos, clutter, and confusion is definitely stressful!

Just like our children's "stuff" changes as they grow,
so do the ways that we can keep it under control.

Come join us as we learn the basics of organization, as well as age-specific tips.

Tater Tots!

For Families with Pre-School and Elementary-Age Kids

We'll cover the basics of organization with the S.T.E.P. program, and build from there as we focus on challenges that face families with younger children:

- Gifts galore – addressing birthday/holiday gift giving
- Processing the influx of papers and projects from school
- How to make "crunch time" (mornings/after school/dinner) less hectic
- Keeping families connected and engaged using technology and paper calendars

Cost: FREE!

Date: Wednesday, October 24, 2018

Time: 5:30 - 7:00 pm

Place: Tammy will join us remotely. Bring a friend, and come to the "Watch Party" in the Sawtooth Mountain Clinic classroom, or watch at home on Facebook Live.

RSVP: Hartley@SawtoothMountainClinic.org or call 387-2330

Hot Potatoes!

For Families with Tweens & Teens

This session will cover the basics of the S.T.E.P. program of organization, as well as addressing issues specific to older children and teens:

- Keeping family members connected and engaged using technology AND paper calendars
- Organizing the family calendar (including after school activities)
- How to get ready for senior year and prepping for grad parties
- Processing influx of college/higher education information and applications

Cost: FREE!

Date: Thursday, October 25, 2018

Time: 5:30 - 7:00 pm

Place: Tammy will join us remotely. Bring a friend, and come to the "Watch Party" in the Sawtooth Mountain Clinic classroom, or watch at home on Facebook Live.

RSVP: Hartley@SawtoothMountainClinic.org or call 387-2330

Tammy Schotzko, owner of We Love Messes, was born, raised, and currently resides in northern Minnesota. Having moved 7 times in her adult life, earned a B.S. in Business with a Psychology minor while working almost full-time, fighting (and winning!) the breast cancer battle, running several small businesses, and parenting, she would not have stayed sane without being organized. Her combined education and life experiences have given her a zeal



to share her organizing talents with others so they may in turn get more out of life with less frustration! Called "The House Whisperer" by her clients, Tammy operates with a "less is more" theory, focusing on keeping the things you truly have time for and love, while letting go of those that weigh you down. She's the only Certified Professional Organizer® in all of Northern Minnesota. For more information, visit welovemesses.com

